Track: 2017-03-16 Monte Sirente per il canale Maiori — **Date: 16/03/2017**

Track: 2017-03-16 Monte Sirente per il canale Maiori	**IBP = 132 HKG**
Detected modality = HKG	
IBP index reliability= A	

Total length	11.626 Km
Analyzed distance	11.626 Km
Lineal distance	0.016 Km

Accumulated climb	1248.22 m
Accumulated descent	1263.43 m
Maximum height	2359.62 m
Minimal height	1187.7 m
Climb rate	20.84 %
Descent rate	23.72 %
Positive climb difference per	107.36 m
Negative descent difference per	108.67 m

Total time	6:16:44 h
Time in movement	4:34:46 h
Stopped time	1:41:58 h

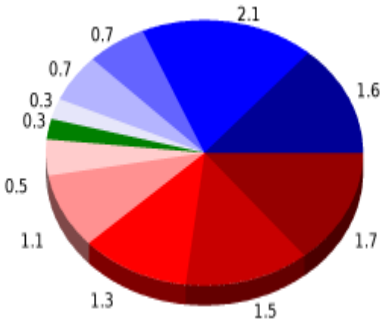
Total speed average	1.85 Km/h
Average speed in movement	2.54 Km/h
Maximum held speed	6.19 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	4100 (cad. 2.84 m)
Significant points	369 (cad. 31.59 m / 9 %)
Aberrant points	2233 (54.46 % d. total)

Direction changes per	17.03
Direction changes >5º per	13.76
Accumulated straight stretches	1.214 Km
Straight stretches per	104.42 m
Penalizables slope changes	7
Penalizables slope changes per	0.602

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Summary of slopes

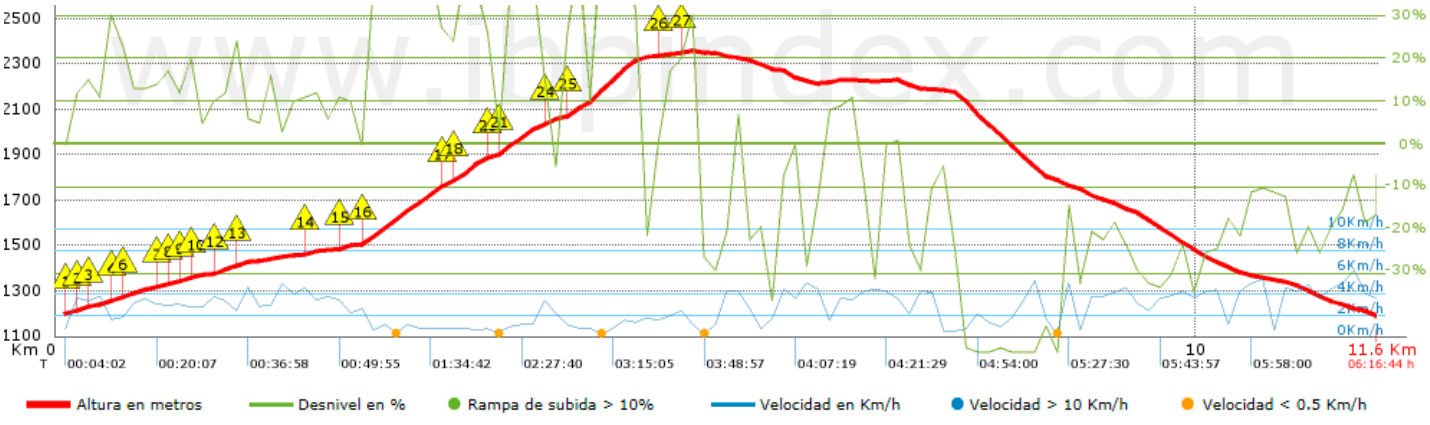


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.691	14.54	1.5	1:07:51
	Between 15 and 30%	1.487	12.79	2.09	0:42:38
	Between 10 and 15%	1.26	10.84	2.94	0:25:45
	Between 5 and 10%	1.055	9.07	3.14	0:20:08
	Between 1 and 5%	0.498	4.28	2.86	0:10:26
	Total :	5.99	51.52	2.15	2:46:48
	Plain				
	Difference of 1%	0.309	2.66	2.72	0:06:49
	Breakdown descents				
	Between 1 and 5%	0.321	2.76	3.84	0:05:01
	Between 5 and 10%	0.653	5.62	4.29	0:09:09
	Between 10 and 15%	0.671	5.78	4.21	0:09:34
	Between 15 and 30%	2.058	17.71	3.48	0:35:29
	Between 30% and 55%	1.622	13.95	2.32	0:41:56
	Total :	5.327	45.82	3.16	1:41:09
	Total track :	11.626	100 %	2.54	4:34:46

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.067	12 %	107 m
2	0.174	16 %	97 m
3	0.271	11 %	162 m
4	0.434	19 %	90 m
5	0.523	18 %	60 m
6	0.583	14 %	263 m
7	0.846	12 %	94 m
8	0.94	13 %	162 m
9	1.102	17 %	100 m
10	1.202	18 %	30 m
11	1.352	11 %	32 m
12	1.383	16 %	159 m
13	1.543	22 %	92 m
14	2.123	12 %	131 m
15	2.421	14 %	154 m
16	2.668	36 %	708 m
17	3.376	28 %	89 m
18	3.465	34 %	271 m
19	3.736	26 %	30 m
20	3.766	17 %	88 m
21	3.854	35 %	370 m
22	4.223	22 %	63 m
23	4.286	24 %	30 m
24	4.316	27 %	30 m
25	4.436	41 %	656 m
26	5.301	11 %	31 m

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27	5.425	11 %	92 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	1518.802	13.06	0:38:58	2.34	0:10:46	0:49:44	1.83
2000	2584.141	22.23	1:10:11	2.21	0:29:19	1:39:30	1.56
1750	1512.59	13.01	0:49:53	1.82	0:34:33	1:24:26	1.07
1500	1720.921	14.8	0:40:59	2.52	0:20:38	1:01:37	1.68
Total :	7.336 Km	63.11 %	3:20:01 h	2.2 Km/h	1:35:16 h	4:55:17 h	1.49 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
2.699	0:03:11	1515	0:57:10	0:57:10	2.699
2.919	0:06:49	1600	1:08:54	0:11:44	0.219
3.128	0:02:19	1676	1:25:36	0:16:42	0.21
3.187	0:08:19	1694	1:28:55	0:03:19 < 10´	0.058
3.376	0:02:16	1759	1:40:26	0:11:31	0.189
3.524	0:02:22	1803	1:49:18	0:08:52 < 10´	0.148
3.584	0:05:12	1827	1:53:57	0:04:39 < 10´	0.061
3.672	0:02:47	1858	2:00:36	0:06:39 < 10´	0.088
3.766	0:03:20	1885	2:07:02	0:06:26 < 10´	0.093
3.824	0:04:31	1899	2:11:32	0:04:30 < 10´	0.059
4.5	0:02:23	2078	2:45:22	0:33:50	0.676
4.679	0:09:52	2144	2:57:17	0:11:55	0.179
4.768	0:02:28	2181	3:09:12	0:11:55	0.089
5.636	0:08:24	2356	3:40:33	0:31:21	0.868
6.07	0:02:22	2316	3:57:22	0:16:49	0.434
7.718	0:05:55	2194	4:30:04	0:32:42	1.648
7.836	0:06:02	2183	4:38:59	0:08:55 < 10´	0.118
7.926	0:02:39	2147	4:46:40	0:07:41 < 10´	0.089
8.651	0:10:57 > 10´	1805	5:12:17	0:25:37	0.725
8.896	0:03:08	1764	5:28:25	0:16:08	0.246
10.558	0:03:23	1358	5:59:10	0:30:45	1.661
Total :	1:41:58 h				

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